



**INSTRUCTIONS FOR MODIFIED MEDICAL RESEARCH
COUNCIL DYSPNEA SCALE
MRC, VERSION 1.0 (QxQ)**

I. GENERAL INSTRUCTIONS

The Modified Medical Research Council Dyspnea Scale is filled out by the study coordinator at the baseline visit.

Header Information: The header information consists of key fields which uniquely identify each recorded instance of a form.

FORM DATE: Record date this is being completed. Select the date from the pop up calendar or type in the date in the space provided. Dates should be entered in the mm/dd/yyyy format.

INITIALS: Record the staff code of the person entering the data on this form. This code is assigned to each person at each site by the GIC. If you do not have a staff code and are collecting SPIROMICS data please contact the GIC in order to receive your own individual staff code.

II. DETAILED INSTRUCTIONS FOR EACH ITEM

Read each choice aloud and have the participant choose the best answer choice regarding shortness of breath.

Save and close the form.