



QUESTIONNAIRE FOR EASE OF COUGH AND SPUTUM CLEARANCE

ID NUMBER:

FORM CODE: MCQ
VERSION: 1.0 10/26/10

Visit Number

SEQ #

0a) Form Date: / /

0b) Initials.....

Instructions: This form should be completed during the participant's visit.

I'm now going to ask you a few questions about your coughing, sputum production, and chest discomfort.

[Do not read]Cough Episodes: Frequency:

1) How frequently are you coughing today?

- None: Unaware of coughing 1
- Rare: Cough now and then 2
- Occasional: Less than hourly 3
- Frequent: one or more times an hour 4
- Almost constant: Never free of cough or feeling free of the need to cough 5

2) How frequently were you coughing last night?

- None: Unaware of coughing 1
- Rare: Cough in the morning, but I don't waken from sleep 2
- Occasional: Wake a few times but I fall back asleep right away 3
- Frequent: Waken many times through the night with fits of coughing 4
- Almost constant: up all night with coughing 5

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[Do not read]Cough Episodes: Severity on Arising and Throughout the Day

3) How severe were your cough episodes on a typical day during the past week?.....

- None: Unaware of coughing 1
- Mild: Did not interfere with usual morning or daily activity 2
- Moderate: Must stop activity during coughing episode..... 3
- Marked: Must stop activity during and for a brief period after coughing episode..... 4
- Severe: Stops all activity for some time and is exhausting; can be accompanied by dizziness, headache or pain 5

[Do not read]Ease of Bringing Up Sputum During the Day

4) How easy is it to cough up sputum when you cough today?.....

- None: Unaware of coughing at all 1
- Easy: Sputum comes up without difficulty after only one or two coughs..... 2
- Somewhat difficult: Most of the sputum comes up but only after several hard coughs 3
- Very difficult: Some sputum comes up after hard coughing but there is the feeling that most is still sticking down there..... 4
- Impossible: There is sputum down there but no matter how hard the coughing nothing comes up..... 5

[Do not read]Chest Discomfort: Tightness and/or Congestion and Arising and Throughout the Day

5) How much chest tightness or discomfort do you have today?.....

- None: Unaware of any discomfort..... 1
- Mild: Noticeable now-and-then but is not bothersome and passes quickly; does not limit activity 2
- Moderate: Noticeable during light activity such as walking one block or up one flight of stairs 3
- Marked: Noticeable while washing or dressing in the morning..... 4
- Severe: Almost constant and limits all activity; present even while resting 5

Rubin BK, Ramirez O, & Ohar JA. Iodinated glycerol has no effect on sputum properties, pulmonary function, or symptom score in patients with stable chronic bronchitis. *Chest* 1996;109:348-352