



## INSTRUCTIONS FOR FACIT-F FORM FOR FOLLOW-UP FCT, VERSION 2.0, QUESTION BY QUESTION (QxQ)

### I. GENERAL INSTRUCTIONS

The FACIT-F Form for Follow-up is to be completed during the participant's Clinic Visit 5.

**Header Information:** The header information consists of key fields which uniquely identify each recorded instance of a form. For the Event field, record if this is happening at Visit 5 or another event.

0a. Date of Collection: Record the date the data was collected or abstracted. Select the date from the pop-up calendar in the data management system (DMS) or type the date in the space provided. Dates should be entered in the mm/dd/yyyy format.

0b. Staff Code: Record the SPIROMICS staff code of the person who collected or abstracted the data. This code is assigned to each person at each site by the GIC. If you do not have a staff code and are collecting SPIROMICS data, please contact the GIC in order to receive your own individual staff code.

### II. DETAILED INSTRUCTIONS FOR EACH ITEM

#### PHYSICAL WELL-BEING

Item 1. **Lack of energy in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all having lack of energy in the last 7 days.
- Select A little bit if the subject reports having a little bit lack of energy in the last 7 days.
- Select Somewhat if the subject reports somewhat having lack of energy in the last 7 days.
- Select Quite a bit if the subject reports having lack of energy quite a bit in the last 7 days.
- Select Very much if the subject reports very much having lack of energy in the last 7 days.

Item 2. **Having nausea in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all having nausea in the last 7 days.
- Select A little bit if the subject reports having a little bit having nausea in the last 7 days.
- Select Somewhat if the subject reports somewhat having nausea in the last 7 days.
- Select Quite a bit if the subject reports having nausea quite a bit in the last 7 days.
- Select Very much if the subject reports very much having nausea in the last 7 days.

Item 3. **Having trouble meeting the needs of family because of his/her condition in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all having trouble meeting the needs of family because of his/her condition in the last 7 days.
- Select A little bit if the subject reports having a little bit having trouble meeting the needs of family because of his/her condition in the last 7 days.
- Select Somewhat if the subject reports somewhat having trouble meeting the needs of family because of his/her condition in the last 7 days.
- Select Quite a bit if the subject reports having trouble meeting the needs of family because of his/her condition quite a bit in the last 7 days.
- Select Very much if the subject reports very much having trouble meeting the needs of family because of his/her condition in the last 7 days.

- Item 4. **Having pain in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all having pain in the last 7 days.
  - Select A little bit if the subject reports having a little bit having pain in the last 7 days.
  - Select Somewhat if the subject reports somewhat having pain in the last 7 days.
  - Select Quite a bit if the subject reports having pain quite a bit in the last 7 days.
  - Select Very much if the subject reports very much having pain in the last 7 days.
- Item 5. **Being bothered by side effects of treatment in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all being bothered by side effects of treatment in the last 7 days.
  - Select A little bit if the subject reports having a little bit being bothered by side effects of treatment in the last 7 days.
  - Select Somewhat if the subject reports somewhat being bothered by side effects of treatment in the last 7 days.
  - Select Quite a bit if the subject reports having being bothered by side effects of treatment quite a bit in the last 7 days.
  - Select Very much if the subject reports very much being bothered by side effects of treatment in the last 7 days.
- Item 6. **Feeling ill in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all feeling ill in the last 7 days.
  - Select A little bit if the subject reports having a little bit feeling ill in the last 7 days.
  - Select Somewhat if the subject reports somewhat feeling ill in the last 7 days.
  - Select Quite a bit if the subject reports having feeling ill quite a bit in the last 7 days.
  - Select Very much if the subject reports very much feeling ill in the last 7 days.
- Item 7. **Being forced to spend time in bed in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all being forced to spend time in bed in the last 7 days.
  - Select A little bit if the subject reports having a little bit being forced to spend time in bed in the last 7 days.
  - Select Somewhat if the subject reports somewhat being forced to spend time in bed in the last 7 days.
  - Select Quite a bit if the subject reports being forced to spend time in bed quite a bit in the last 7 days.
  - Select Very much if the subject reports very much being forced to spend time in bed in the last 7 days.

## **SOCIAL/FAMILY WELL-BEING**

- Item 8. **Feeling close to friends in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all feeling close to friends in the last 7 days.
  - Select A little bit if the subject reports having a little bit feeling close to friends in the last 7 days.
  - Select Somewhat if the subject reports somewhat feeling close to friends in the last 7 days.
  - Select Quite a bit if the subject reports feeling close to friends quite a bit in the last 7 days.
  - Select Very much if the subject reports very much feeling close to friends in the last 7 days.

Item 9. **Getting emotional support from family in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all getting emotional support from family in the last 7 days.
- Select A little bit if the subject reports a little bit getting emotional support from family in the last 7 days.
- Select Somewhat if the subject reports somewhat getting emotional support from family in the last 7 days.
- Select Quite a bit if the subject reports getting emotional support from family quite a bit in the last 7 days.
- Select Very much if the subject reports very much getting emotional support from family in the last 7 days.

Item 10. **Getting support from friends in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all getting support from friends in the last 7 days.
- Select A little bit if the subject reports a little bit getting support from friends in the last 7 days.
- Select Somewhat if the subject reports somewhat getting support from friends in the last 7 days.
- Select Quite a bit if the subject reports getting support from friends quite a bit in the last 7 days.
- Select Very much if the subject reports very much getting support from friends in the last 7 days.

Item 11. **That family has accepted his/her illness in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all feeling that family has accepted his/her illness in the last 7 days.
- Select A little bit if the subject reports feeling a little bit that family has accepted his/her illness in the last 7 days.
- Select Somewhat if the subject reports somewhat feeling that family has accepted his/her illness in the last 7 days.
- Select Quite a bit if the subject reports feeling that family has accepted his/her illness quite a bit in the last 7 days.
- Select Very much if the subject reports very much feeling that family has accepted his/her illness in the last 7 days.

Item 12. **Being satisfied with family communication about his/her illness in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all being satisfied with family communication about his/her illness in the last 7 days.
- Select A little bit if the subject reports a little bit being satisfied with family communication about his/her illness in the last 7 days.
- Select Somewhat if the subject reports somewhat being satisfied with family communication about his/her illness in the last 7 days.
- Select Quite a bit if the subject reports being satisfied with family communication about his/her illness quite a bit in the last 7 days.
- Select Very much if the subject reports very much being satisfied with family communication about his/her illness in the last 7 days.

- Item 13. **Feeling close to his/her partner (or person who is main support) in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all feeling close to his/her partner (or person who is main support) in the last 7 days.
  - Select A little bit if the subject reports a little bit feeling close to his/her partner (or person who is main support) in the last 7 days.
  - Select Somewhat if the subject reports somewhat feeling close to his/her partner (or person who is main support) in the last 7 days.
  - Select Quite a bit if the subject reports feeling close to his/her partner (or person who is main support) quite a bit in the last 7 days.
  - Select Very much if the subject reports very much feeling close to his/her partner (or person who is main support) in the last 7 days.

Item 14. **Opt out of sexual activity question** Check the box in Item 14 if the subject prefers not to answer Item 15 regarding sexual activity.

- Item 15. **Being satisfied with his/her sex life in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all being satisfied with his/her sex life in the last 7 days.
  - Select A little bit if the subject reports a little bit being satisfied with his/her sex life in the last 7 days.
  - Select Somewhat if the subject reports somewhat being satisfied with his/her sex life in the last 7 days.
  - Select Quite a bit if the subject reports being satisfied with his/her sex life quite a bit in the last 7 days.
  - Select Very much if the subject reports very much being satisfied with his/her sex life in the last 7 days.

## **EMOTIONAL WELL-BEING**

- Item 16. **Feeling sad in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all feeling sad in the last 7 days.
  - Select A little bit if the subject reports having a little bit feeling sad in the last 7 days.
  - Select Somewhat if the subject reports somewhat feeling sad in the last 7 days.
  - Select Quite a bit if the subject reports feeling sad quite a bit in the last 7 days.
  - Select Very much if the subject reports very much feeling sad in the last 7 days.
- Item 17. **Satisfied with how am coping with illness in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports being not at all satisfied with how s/he is coping with her/his illness in the last 7 days.
  - Select A little bit if the subject reports being a little bit satisfied with how s/he is coping with her/his illness in the last 7 days.
  - Select Somewhat if the subject reports being somewhat satisfied with how s/he is coping with her/his illness in the last 7 days.
  - Select Quite a bit if the subject reports being satisfied with how s/he is coping with her/his illness quite a bit in the last 7 days.
  - Select Very much if the subject reports being very much satisfied with how s/he is coping with her/his illness in the last 7 days.

Item 18. **Losing hope in the fight against illness** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at feeling like s/he is losing hope in the fight against her/his illness in the last 7 days.
- Select A little bit if the subject reports feeling a little bit that s/he is losing hope in the fight against her/his illness in the last 7 days.
- Select Somewhat if the subject reports feeling somewhat satisfied that s/he is losing hope in the fight against her/his illness in the last 7 days.
- Select Quite a bit if the subject reports feeling satisfied that s/he is losing hope in the fight against her/his illness quite a bit in the last 7 days.
- Select Very much if the subject reports feeling very much that s/he is losing hope in the fight against her/his illness in the last 7 days.

Item 19. **Feeling nervous in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all feeling nervous in the last 7 days.
- Select A little bit if the subject reports having a little bit feeling nervous in the last 7 days.
- Select Somewhat if the subject reports somewhat feeling nervous in the last 7 days.
- Select Quite a bit if the subject reports feeling nervous quite a bit in the last 7 days.
- Select Very much if the subject reports very much feeling nervous in the last 7 days.

Item 20. **Worrying about dying in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all worrying about dying in the last 7 days.
- Select A little bit if the subject reports worrying about dying a little bit in the last 7 days.
- Select Somewhat if the subject reports worrying about dying somewhat in the last 7 days.
- Select Quite a bit if the subject reports worrying about dying quite a bit in the last 7 days.
- Select Very much if the subject reports worrying about dying very much in the last 7 days.

Item 21. **Worrying condition will get worse in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all worrying his/her condition will get worse in the last 7 days.
- Select A little bit if the subject reports worrying his/her condition will get worse a little bit in the last 7 days.
- Select Somewhat if the subject reports worrying his/her condition will get worse somewhat in the last 7 days.
- Select Quite a bit if the subject reports worrying his/her condition will get worse quite a bit in the last 7 days.
- Select Very much if the subject reports worrying his/her condition will get worse very much in the last 7 days.

## FUNCTIONAL WELL-BEING

Item 22. **Able to work in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all being able to work (include work at home) in the last 7 days.
- Select A little bit if the subject reports being able to work (include work at home) a little bit in the last 7 days.
- Select Somewhat if the subject reports being able to work (include work at home) somewhat in the last 7 days.
- Select Quite a bit if the subject reports being able to work (include work at home) quite a bit in the last 7 days.
- Select Very much if the subject reports being able to work (include work at home) very much in the last 7 days.

Item 23. **Work is fulfilling in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at that work (include work at home) is fulfilling in the last 7 days.
- Select A little bit if the subject reports a little bit that work (include work at home) is fulfilling in the last 7 days.
- Select Somewhat if the subject reports somewhat that work (include work at home) is fulfilling in the last 7 days.
- Select Quite a bit if the subject reports quite a bit that work (include work at home) is fulfilling in the last 7 days.
- Select Very much if the subject reports very much that work (include work at home) is fulfilling in the last 7 days.

Item 24. **Able to enjoy life in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all being able to enjoy life in the last 7 days.
- Select A little bit if the subject reports being able to enjoy life a little bit in the last 7 days.
- Select Somewhat if the subject reports being able to enjoy life somewhat in the last 7 days.
- Select Quite a bit if the subject reports being able to enjoy life quite a bit in the last 7 days.
- Select Very much if the subject reports being able to enjoy life very much in the last 7 days.

Item 25. **Having accepted his/her illness in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all having accepted his/her illness in the last 7 days.
- Select A little bit if the subject reports having accepted his/her illness a little bit in the last 7 days.
- Select Somewhat if the subject reports having accepted his/her illness somewhat in the last 7 days.
- Select Quite a bit if the subject reports having accepted his/her illness quite a bit in the last 7 days.
- Select Very much if the subject reports having accepted his/her illness very much in the last 7 days.

Item 26. **Sleeping well in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all sleeping well in the last 7 days.
- Select A little bit if the subject reports sleeping well a little bit in the last 7 days.
- Select Somewhat if the subject reports sleeping well somewhat in the last 7 days.
- Select Quite a bit if the subject reports sleeping well quite a bit in the last 7 days.
- Select Very much if the subject reports sleeping well very much in the last 7 days.

Item 27. **Enjoying the things usually do for fun in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all enjoying the things s/he usually does for fun in the last 7 days.
- Select A little bit if the subject reports enjoying the things s/he usually does for fun a little bit in the last 7 days.
- Select Somewhat if the subject reports enjoying the things s/he usually does for fun somewhat in the last 7 days.
- Select Quite a bit if the subject reports enjoying the things s/he usually does for fun quite a bit in the last 7 days.
- Select Very much if the subject reports enjoying the things s/he usually does for fun very much in the last 7 days.

Item 28. **Content with quality of life in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all content with the quality of his/her life right now in the last 7 days.
- Select A little bit if the subject reports content with the quality of his/her life right now a little bit in the last 7 days.
- Select Somewhat if the subject reports content with the quality of his/her life right now somewhat in the last 7 days.
- Select Quite a bit if the subject reports content with the quality of his/her life right now quite a bit in the last 7 days.
- Select Very much if the subject reports content with the quality of his/her life right now very much in the last 7 days.

## **ADDITIONAL CONCERNS**

Item 29. **Feeling fatigued in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all feeling fatigued in the last 7 days.
- Select A little bit if the subject reports a little bit feeling fatigued in the last 7 days.
- Select Somewhat if the subject reports somewhat feeling fatigued in the last 7 days.
- Select Quite a bit if the subject reports feeling fatigued quite a bit in the last 7 days.
- Select Very much if the subject reports very much feeling fatigued in the last 7 days.

Item 30. **Feeling weak all over in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all feeling weak all over in the last 7 days.
- Select A little bit if the subject reports a little bit feeling weak all over in the last 7 days.
- Select Somewhat if the subject reports somewhat feeling weak all over in the last 7 days.
- Select Quite a bit if the subject reports feeling weak all over quite a bit in the last 7 days.
- Select Very much if the subject reports very much feeling weak all over in the last 7 days.

- Item 31. **Feeling listless in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all feeling listless (“washed out”) in the last 7 days.
  - Select A little bit if the subject reports having a little bit feeling listless (“washed out”) in the last 7 days.
  - Select Somewhat if the subject reports somewhat feeling listless (“washed out”) in the last 7 days.
  - Select Quite a bit if the subject reports feeling listless (“washed out”) quite a bit in the last 7 days.
  - Select Very much if the subject reports very much feeling listless (“washed out”) in the last 7 days.

- Item 32. **Feeling tired in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all feeling tired all over in the last 7 days.
  - Select A little bit if the subject reports a little bit feeling tired all over in the last 7 days.
  - Select Somewhat if the subject reports somewhat feeling tired all over in the last 7 days.
  - Select Quite a bit if the subject reports feeling tired all over quite a bit in the last 7 days.
  - Select Very much if the subject reports very much feeling tired all over in the last 7 days.

- Item 33. **Having trouble starting things because s/he is tired in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all having trouble starting things because s/he is tired all over in the last 7 days.
  - Select A little bit if the subject reports a little bit having trouble starting things because s/he is tired all over in the last 7 days.
  - Select Somewhat if the subject reports somewhat having trouble starting things because s/he is tired all over in the last 7 days.
  - Select Quite a bit if the subject reports having trouble starting things because s/he is tired all over quite a bit in the last 7 days.
  - Select Very much if the subject reports very much having trouble starting things because s/he is tired all over in the last 7 days.

- Item 34. **Having trouble finishing things because s/he is tired in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all having trouble finishing things because s/he is tired all over in the last 7 days.
  - Select A little bit if the subject reports a little bit having trouble finishing things because s/he is tired all over in the last 7 days.
  - Select Somewhat if the subject reports somewhat having trouble finishing things because s/he is tired all over in the last 7 days.
  - Select Quite a bit if the subject reports having trouble finishing things because s/he is tired all over quite a bit in the last 7 days.
  - Select Very much if the subject reports very much having trouble finishing things because s/he is tired all over in the last 7 days.

- Item 35. **Having energy in the past 7 days** Select only one option among the five possible choices.
- Select Not at all if the subject reports not at all having energy all over in the last 7 days.
  - Select A little bit if the subject reports a little bit having energy all over in the last 7 days.
  - Select Somewhat if the subject reports somewhat having energy all over in the last 7 days.
  - Select Quite a bit if the subject reports having energy all over quite a bit in the last 7 days.
  - Select Very much if the subject reports very much having energy all over in the last 7 days.



Item 36. **Being able to do his/her usual activities in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all being able to do his/her usual activities all over in the last 7 days.
- Select A little bit if the subject reports a little bit being able to do his/her usual activities all over in the last 7 days.
- Select Somewhat if the subject reports somewhat being able to do his/her usual activities all over in the last 7 days.
- Select Quite a bit if the subject reports being able to do his/her usual activities all over quite a bit in the last 7 days.
- Select Very much if the subject reports very much being able to do his/her usual activities all over in the last 7 days.

Item 37. **Needing sleep during the day in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all needing sleep during the day in the last 7 days.
- Select A little bit if the subject reports a little bit needing sleep during the day in the last 7 days.
- Select Somewhat if the subject reports somewhat needing sleep during the day in the last 7 days.
- Select Quite a bit if the subject reports needing sleep during the day quite a bit in the last 7 days.
- Select Very much if the subject reports very much needing sleep during the day in the last 7 days.

Item 38. **Being too tired to eat in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all being too tired to eat in the last 7 days.
- Select A little bit if the subject reports a little bit being too tired to eat in the last 7 days.
- Select Somewhat if the subject reports somewhat being too tired to eat in the last 7 days.
- Select Quite a bit if the subject reports being too tired to eat quite a bit in the last 7 days.
- Select Very much if the subject reports very much being too tired to eat in the last 7 days.

Item 39. **Needing help doing his/her usual activities in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all needing help doing his/her usual activities in the last 7 days.
- Select A little bit if the subject reports a little bit needing help doing his/her usual activities in the last 7 days.
- Select Somewhat if the subject reports somewhat needing help doing his/her usual activities in the last 7 days.
- Select Quite a bit if the subject reports needing help doing his/her usual activities quite a bit in the last 7 days.
- Select Very much if the subject reports very much needing help doing his/her usual activities in the last 7 days.

**Item 40. Being frustrated by being too tired to do the things s/he wants to do in the past 7 days**

Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all being frustrated by being too tired to do the things s/he wants to do in the last 7 days.
- Select A little bit if the subject reports a little bit being frustrated by being too tired to do the things s/he wants to do in the last 7 days.
- Select Somewhat if the subject reports somewhat being frustrated by being too tired to do the things s/he wants to do in the last 7 days.
- Select Quite a bit if the subject reports being frustrated by being too tired to do the things s/he wants to do quite a bit in the last 7 days.
- Select Very much if the subject reports very much being frustrated by being too tired to do the things s/he wants to do in the last 7 days.

**Item 41. Having to limit social activity because of being tired in the past 7 days** Select only one option among the five possible choices.

- Select Not at all if the subject reports not at all having to limit his/her social activity because s/he is tired in the last 7 days.
- Select A little bit if the subject reports a little bit having to limit his/her social activity because s/he is tired in the last 7 days.
- Select Somewhat if the subject reports somewhat having to limit his/her social activity because s/he is tired in the last 7 days.
- Select Quite a bit if the subject reports having to limit his/her social activity because s/he is tired quite a bit in the last 7 days.
- Select Very much if the subject reports very much having to limit his/her social activity because s/he is tired in the last 7 days.

Save and close the form.