

EXPANDED EVERYDAY DISCRIMINATION SCALE

ID NUMBER:

FORM CODE: EDS
 VERSION: 1.0 01/31/2025

Event: _____

0a) Date of Collection: / /

0b) Staff Code:

Instructions: This form should be completed during the participant's clinic visit.

In your day-to-day life, how often do any of the following things happen to you?

1) You are treated with less courtesy than other people are.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

2) You are treated with less respect than other people are.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

3) You receive poorer service than other people at restaurants or stores.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. "Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination." Journal of Health Psychology. 1997; 2(3):335-351.

Williams, D.R., González, H.M., Williams, S., Mohammed, S.A., Moomal, H, Stein, D.J. "Perceived Discrimination, Race and Health in South Africa: Findings from the South Africa Stress and Health Study." Social Science and Medicine, 2008; 67: 441-452.

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4) People act as if they think you are not smart.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

5) People act as if they are afraid of you.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

6) People act as if they think you are dishonest.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

7) People act as if they're better than you are.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. "Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination." *Journal of Health Psychology*. 1997; 2(3):335-351.

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8) You are called names or insulted.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

9) You are threatened or harassed.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

10) You are followed around in stores.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

Follow-up Questions

If you responded "A few times a year" or more frequently to at least one question (1 through 10) above, please check "No" or "Yes" for each of the following items.

11) What do you think is the main reason for these experiences?

	No ₀	Yes ₁
11a) Your Ancestry or National Origins	<input type="checkbox"/>	<input type="checkbox"/>
11b) Your Gender	<input type="checkbox"/>	<input type="checkbox"/>
11c) Your Race	<input type="checkbox"/>	<input type="checkbox"/>
11d) Your Age	<input type="checkbox"/>	<input type="checkbox"/>
11e) Your Religion	<input type="checkbox"/>	<input type="checkbox"/>
11f) Your Height	<input type="checkbox"/>	<input type="checkbox"/>
11g) Your Weight	<input type="checkbox"/>	<input type="checkbox"/>

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. "Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination." Journal of Health Psychology. 1997; 2(3):335-351.

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Event: _____

- 11h) Some Other Aspect of Your Physical Appearance
- 11i) Your Sexual Orientation
- 11j) Your Education or Income Level
- 11k) A physical disability
- 11l) Your shade of skin color (NSAL)
- 11m) Your tribe (SASH)
- 11n) Other

11n1) If Other, please specify: _____

END OF FORM

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. "Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination." *Journal of Health Psychology*. 1997; 2(3):335-351.

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